

# Ingatestone Infant School

## Monday

Pasta bolognaise  
Garlic bread  
Optional cheese available  
**DESSERT - FRESH FRUIT**

## Vegetarian

Quorn bolognaise  
Garlic bread  
Optional cheese available

## Tuesday

Homemade pizza with pepperoni  
Sweetcorn  
Coleslaw  
**DESSERT - AMERICAN PANCAKES**

Homemade cheese and tomato  
Pizza  
Sweetcorn  
Coleslaw

## Wednesday

Roast chicken  
Served with Yorkshire pudding,  
roast potato, carrots & peas  
**DESSERT - ICE CREAM TUB**

Cheese and tomato puff  
Served with roast potato,  
carrots & peas

## Thursday

Sausage roll  
Served with potato wedges  
and baked beans  
**DESSERT - SHORTBREAD BISCUIT**

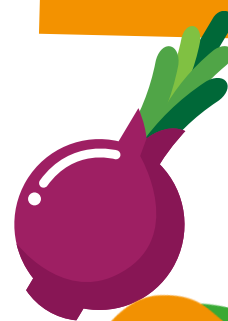
Quorn vegan sausage roll  
Served with potato wedges and  
baked beans

## Friday

Crispy chicken nuggets  
Served with crispy chips, beans or  
peas  
**DESSERT - FLAPJACKS**

Crispy Quorn Dippers  
Served with crispy chips , beans or  
peas

Week 1

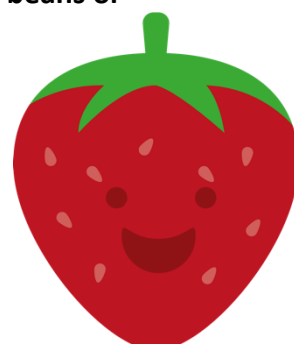


# Menu

**Fresh**  
All our food is cooked fresh  
each day

**Jacket potato  
available  
Monday, Tuesday,  
Thursday, Friday**

**Checked**  
We always use reputable  
suppliers and where  
possible use local produce



**Available everyday**

A healthy salad bar, fresh fruit and yoghurt, water and milk

# Ingatestone Infant School

Week 2

# Menu

## Monday

Pasta in a rustic tomato sauce  
Served with garlic bread  
and cheese (optional)

DESSERT - FRESH FRUIT

## Vegetarian

Macaroni cheese  
Served with garlic bread

## Tuesday

Chicken curry  
Served with rice and naan bread

DESSERT - AMERICAN PANCAKES

Roasted vegetable curry  
Served with rice and naan bread

## Wednesday

All day breakfast  
Hash brown, bacon, sausage,  
omelette and beans

DESSERT - ICE CREAM TUB

Veggie all day breakfast  
Hash brown, quorn sausage,  
omelette, mushroom and beans

## Thursday

Homemade pepperoni pizza  
Sweetcorn

Coleslaw

DESSERT - LEMON SPONGE CAKE

Homemade cheese and tomato  
pizza

Sweetcorn

Coleslaw

## Friday

Breaded fish fingers  
Served with crispy chips and baked  
beans or peas

DESSERT - GINGERBREAD BISCUIT

Crispy quorn dippers  
Served with crispy chips and  
baked beans or peas

**Fresh**  
All our food is cooked fresh  
each day

Jacket potato  
available  
Monday, Tuesday,  
Thursday, Friday

**Checked**  
We always use reputable  
suppliers and where  
possible use local produce

Available everyday

A healthy salad bar, fresh fruit, and yoghurt, water and milk



# Ingatestone Infant School

Week 3

# Menu

## Monday

Pasta with bacon and peas  
Served with garlic bread  
Grated cheese (optional)

DESSERT - FRESH FRUIT

## Vegetarian

Vegetable pasta with a  
herby tomato sauce  
Served with garlic bread  
Grated cheese (optional)

## Tuesday

Pork and carrot meatballs in a  
tomato sauce  
Served with rice and green beans

DESSERT - SHORTBREAD BISCUIT

Quorn meatballs in a  
tomato sauce  
Served with rice and green beans

## Wednesday

Homemade chicken & vegetable  
pie with a puff pastry topping  
Served with creamed potato  
broccoli, cauliflower and peas

DESSERT - CHOCOLATE CAKE

Homemade vegetable pie with a  
puff pastry topping  
Served with creamed potato  
broccoli, cauliflower and peas

## Thursday

Chilli con carne  
Served with rice and sweetcorn

DESSERT - VANILLA ICE CREAM

Quorn vegetable chilli  
Served with rice and sweetcorn

## Friday

Breaded fish fingers  
Served with crispy chips and  
baked beans or peas

DESSERT - RASPBERRY JELLY

Crispy quorn dippers  
Served with crispy chips and  
baked beans or peas

## Fresh

All our food is cooked fresh  
each day

Jacket potato  
available

Monday, Tuesday,  
Thursday, Friday

## Checked

We always use reputable  
suppliers and where  
possible use local produce

Available everyday

A healthy salad bar, fresh fruit, and yoghurt, water and milk

